Brookdale Ormond Beach West Sunday, July 20, 2025

Starters

Marinated Summer Slaw

Featured Entrees

Beef Ragout

Tender beef tips stewed in carrots, mushrooms, onions and red wine.

- Always Available -

The Herb Baked Breast of Chicken

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Fingerling Potatoes with Fresh Herbs

Buttered Carrots

Desserts

Feature Fruit Guiltless Pleasures



Brookdale Ormond Beach West Monday, July 21, 2025

Starters

Lemony Waldorf Salad

Featured Entrees

Chicken with Pineapple Salsa

Baked breast of chicken topped with a spicy pineapple tomato salsa.

- Always Available -

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Risotto a la Pecorino

Sauteed Spinach

Item can be prepared as an ${}^{\mbox{\tiny{\sc D}}}$ Optimum Life Cuisine Option

Desserts

Feature

Fruit

Guiltless Pleasures

ges Reduced Sugar Strawberry Cake



Brookdale Ormond Beach West Tuesday, July 22, 2025

Starters

Mediterranean Salad

Featured Entrees

D Veal Piccata

Lean veal chop sauteed in olive oil and finished with a caper-wine sauce.

- Always Available -

The Herb Baked Breast of Chicken

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Pasta of the Day

Item can be prepared as an 🕏 Optimum Life Cuisine Option

Steamed Zucchini

Desserts

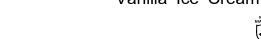
<u>Feature</u> <u>Fruit</u>

Raspberry Sherbet

Chilled Pears

Guiltless Pleasures

No Sugar Added Vanilla Ice Cream





Brookdale Ormond Beach West Wednesday, July 23, 2025

Starters

Classic Pea Salad

Featured Entrees

Ginger Roasted Salmon

Oven roasted salmon topped with a ginger honey sauce.

- Always Available -

Herb Baked Breast of Chicken

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Homestyle Potatoes

Tresh Vegetable Blend

<u>Desserts</u>

FeatureFruitGuiltless PleasuresPecan PieChilled PeachesSugar Free Pecan Pie



Brookdale Ormond Beach West Thursday, July 24, 2025

Starters

Vegetable Crudites with Cheese Plate

Featured Entrees

BBQ Braised Beef

Tender, slow cooked beef with BBQ sauce.

- Always Available -

The Herb Baked Breast of Chicken

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Cottage Macaroni and Cheese

Buttered Kale

Desserts

<u>Feature</u> <u>Fruit</u> <u>Guiltless Pleasures</u>



Brookdale Ormond Beach West Friday, July 25, 2025

Starters

Beet and Apple Salad

Featured Entrees

Chicken with Country Gravy

Tender chicken breast served with a hearty, yet healthful pan gravy.

- Always Available -

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

Hash Brown Potatoes

Steamed Summer Squash

Desserts

Feature

Chocolate Frosted Sponge Cake

Fruit

Guiltless Pleasures

Chilled Applesauce

Reduced Sugar Frosted Marble Cake



Brookdale Ormond Beach West Saturday, July 26, 2025

Starters

Garbanzo Salad

Featured Entrees

Pork Loin with Orange Marmalade Demi Glace Sauce Tender roasted pork with an orange marmalade demi glace sauce.

- Always Available -

D Herb Baked Breast of Chicken

Tender breast of chicken baked with a blend of fresh basil and chives.

Deep Fried Shrimp

Battered shrimp flash fried until crispy and golden brown.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniments

D Roasted Rosemary Potatoes

Roasted Brussels Sprouts

Desserts

Feature <u>Fruit</u> <u>Guiltless Pleasures</u>

Baked Custard Pie

Tresh Fruit Cup Reduced Sugar Custard Pie

Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.

