

Main Meal

Brookdale Crown Point

Sunday, July 20, 2025

Starters

Marinated Summer Slaw

Featured Entrees

Hamburger Stroganoff

Sauteed ground beef and mushrooms in a creamy stroganoff sauce.

- Always Available -

Turkey Burger

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

French Fried Potatoes

Buttered Carrots

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Pecan Pie

Fruit

 Mixed Melons

Guiltless Pleasures

No Sugar Added Peach
Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Crown Point

Monday, July 21, 2025

Starters

Lemony Waldorf Salad

Featured Entrees

 **Chicken A La King**

Tender chicken simmered in a rich mushroom gravy.

- Always Available -

 **Turkey Burger**

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

Rice Blend

Sauteed Spinach

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Strawberry Angel Cake

Fruit

 Mandarin Oranges

Guiltless Pleasures

Reduced Sugar
Strawberry Cake

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Main Meal

Brookdale Crown Point

Tuesday, July 22, 2025

Starters

Mediterranean Salad

Featured Entrees

Brats with Caramelized Onions and Grilled Peppers

Grilled bratwurst with beer braised onions and peppers served on a roll.

- Always Available -

 **Turkey Burger**

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

Potato Patties

 Steamed Zucchini

Desserts

Feature

Lemon Bars

Fruit

 Chilled Pears

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Crown Point
Wednesday, July 23, 2025

Starters

Classic Pea Salad

Featured Entrees

Barbecue Chicken Thighs

Bone-in chicken grilled and basted with a homemade barbecue sauce.

- Always Available -

Turkey Burger

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

Homestyle Potatoes

 Fresh Vegetable Blend

Desserts

Feature

Apple Crumb Pie

Fruit

 Chilled Peaches

Guiltless Pleasures

Sugar Free Pecan Pie

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Main Meal

Brookdale Crown Point
Thursday, July 24, 2025

Starters

Vegetable Crudites with Cheese Plate

Featured Entrees

BBQ Braised Beef

Tender, slow cooked beef with BBQ sauce.

- Always Available -

Turkey Burger

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

Cottage Macaroni and Cheese

Buttered Kale

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Cherry Dessert

Fruit

 Pineapple Chunks

Guiltless Pleasures

Reduced Sugar Cherry
Pie

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Main Meal

Brookdale Crown Point

Friday, July 25, 2025

Starters

Beet and Apple Salad

Featured Entrees

 **Chicken with Country Gravy**

Tender chicken breast served with a hearty, yet healthful pan gravy.

- Always Available -

 **Turkey Burger**

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

Hash Brown Potatoes

 **Steamed Summer Squash**

Desserts

Feature

Chocolate Frosted
Sponge Cake

Fruit

Chilled Applesauce

Guiltless Pleasures

Reduced Sugar Frosted
Marble Cake

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Main Meal

Brookdale Crown Point
Saturday, July 26, 2025

Starters

Garbanzo Salad

Featured Entrees

Pork Loin with Orange Marmalade Demi Glace Sauce

Tender roasted pork with an orange marmalade demi glace sauce.

- Always Available -

 **Turkey Burger**

Ground turkey patties with lettuce, tomato, and onion served on a bun.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Pub Burger

All beef patty grilled and served on a bun with lettuce, tomato and onion.

Accompaniments

 **Roasted Rosemary Potatoes**

Roasted Brussels Sprouts

Desserts

Feature

Baked Custard Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

Reduced Sugar Custard
Pie

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