Agencia Nacional de Investigación y Desarrollo

Ministerio de Ciencia, Tecnología, Conocimiento e Innovación

## MILLENNIUM INSTITUTE FOR CARE RESEARCH, **MICARE**

Impact Area: Social sciences and health sciences. Speciality: Psychology, nursing, sociology and technology.

The Millennium Institute for Care Research, MICARE, is dedicated to generating scientific knowledge on both formal and informal care of dependent older people and people with intellectual and mental disabilities. development (DID).

Its approach encompasses the characterization of care from a comprehensive perspective, as well as the design of appropriate evidence-based interventions. To achieve this purpose, it carries out inclusive research, which actively incorporates the vision of those who care for elderly people with dependency and people with DID.

Likewise, it promotes a transdisciplinary and rights-based approach, which recognizes the crucial role of the use of technology as a support tool in the practice of care. From this perspective, MICARE aims to provide rigorous evidence to inform the development of public policies that address the needs and priorities of both those who care and those who require care or accompaniment in Chile.

### **Research Lines**:

- Sociocultural aspects of caregiving and life course perspective. Studies the relationship between care, gender, socioeconomic vulnerability, and physical and mental health
- Informal and formal care of elderly dependents. It focuses on the experience and psychosocial aspects of dependent older people and their caregivers.
- Caregiving versus companionship in the context of intellectual and developmental disabilities (IDD). It focuses on the experience and psychosocial aspects of people with DID, their families, and caregivers.
- Technology and caregiving. We explore the relationship between technology and care.



MICARE

MILLENUUM INSTITUTE FOR CAREGIVING RESEAR



#### >> SCIENTIFIC PRODUCTIVITY:

ISI-WOS: 60 Scielo: 2 Scopus: 31 Books or chapters: 27 Other publications: 18





### >> CONTACT INFORMATION:

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micare.cl



### >> RESEARCHERS:

Associate researchers:

Claudia Miranda, Marcela Tenorio, Alejandra Araya, Andrés Aparicio, Paulina Arango, María Beatriz Fernández, Vanessa Vega.

#### **Assistant Researchers:**

María Soledad Herrera, María Florencia Herrera, Pablo Marshall, Rodrigo Cádiz, Pablo Villalobos, Sebastián Rojas, Stella-Maria Paddick, Katherine Mollenhauer, Florencia Picasso, Jean Gajardo, Diego Prieto, Alejandra Chaparro, Begoña Góngora, Miguel Rosello, Vasiliki Totsika, Johanna Sagner, Juanita Eslava, Nicolás Espejo, Cecilia Anaya.

#### Junior Researchers:

Herminia Gonzálvez, Daniel Muñoz, Camila Sabat, Bárbara Flores, Antonia Echeverría, Maryam Farhang, Jorge Browne, Juan Pablo Robledo, Francisca Ortiz, Javiera Rosell, Déborah Oliveira, María Alejandra Inostroza, Cristián Rodríguez, Felipe Diaz, Virginia Fernández, Felipe Muñoz, Izaskun Álvarez, Evelyn Iriarte, Rodrigo Herrera, Juana Mendoza, Carolina Cornejo, Claudia La Araucanía Carrasco, Pía Rodríguez, Agnieszka Bozanic, Fabiola Miranda.

#### Senior Researchers:

Angela Hassiotis, Maribel Cruz, María del Carmen Pérez, Elaine Acosta, Paula Miranda, Noelia Flores, Cristina Jenaro, Juanita Hoe, Andrés Losada, Melanie, Levasseur, Katrina Scior,

## >> OUTREACH ACTIVITIES:

- The Wealth of Caring photography contest, aimed at caregivers, had the purpose of making visible, reflecting and providing a positive perspective on the complex phenomenon of care and accompaniment in Chilean society from the perspective of its protagonists. The winning photographs are published in a digital exhibition on the MICARE website.
- Caring Podcast, a series of nine chapters of conversations with specialists from different fields where topics related to care are discussed in different contexts. The podcast is available on the Spotify and Anchor platforms.
- Easy Reading, adaptation to Easy Reading of the main site and the Institute's Annual Reports, allowing people with comprehension difficulties to access the original content.

# >> **GEOGRAPHIC**

PRESENCE: Tarapaca

Ñuble

Regior

Los Lagos

Antofagasta

Region Metropolitan O'Higgins Region ∕laule

Chilean



## MICARE MILLENIUM INSTITUTE FOR CAREGIVING RESEARCH

## **Millennium** Institute

## >> MAIN ACHIEVEMENTS:

- · Carrying out the first longitudinal study in Chile on caregivers (MICARE Study) whose results will allow the generation of scientific evidence with implications for practice and public policies on caregiving.
- Sustained growth in the number of scientific publications in impact journals.
- Creation and strengthening of the only professional spokesperson office in Latin America with experts with experience in intellectual and developmental disabilities.
- Construction of an academic and collaborative community on care through activities such as the Mentoring Program and agreements with other research centers and civil society organizations.
- Influence on public policies and legislation regarding Elderly people with care needs, people with intellectual and developmental disabilities and their informal and formal caregivers.





